

Quick Selection Catering



Want fresh, wholesome and tasty brain food for your next boardroom lunch, office function or team meeting? We offer a full catering service for 2 to 200 people. Either choose one of our 'Quick Selections' below, or contact us to arrange a menu to suit. If possible, we'd love 24 hours notice (preferably 48hrs for the cocktail pastry platter, antipasto platter, cheese platter) to ensure we have all the ingredients ready to go.

| LUNCH OPTIONS | | |
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| Lunch Box All lunch boxes include a wrap/baguettes, small salad, sweet selection & fruit juice/spring water. If you have preferred flavours, please write your selections in the Additional information section at the bottom of this form. Alternatively we will provide a popular selection. | <input type="text"/> people | \$15 per person |
| Lunch On the Go Selection of wraps, baguettes & sandwiches (Standard serving size = 3 pieces which equates to 1 full wrap/baguettes/sandwich). If you have preferred flavours, please write your selections in the Additional information section at the bottom of this form. Alternatively we will provide a popular selection. | <input type="text"/> people | \$8.5 per person |
| Winter Warmer Soup Station (Avail all year) Electric soup kettle soup station (incl. bread roll). Order for 10 people or more. If you have a preferred option for soup flavour/s, please write your selections in the Additional information section at the bottom of this form. Alternatively we will choose for you. | <input type="text"/> people | \$8.5 per person |
| Savoury Platter A selection of Frittata (GF), Filos, Rice Balls. Serving size equates to approx. 3 pieces per person. | <input type="text"/> people | \$7.5 per person |
| Salad Bowl - Small Approx. 8 - 10 serves per bowl. If you have a preferred option for salad type, please write your selections in the Additional information section at the bottom of this form. Alternatively we will choose a popular salad for you. | <input type="text"/> bowls | \$35 per bowl |
| Salad Bowl - Large Approx. 12 - 15 serves per bowl. If you have a preferred option for salad type, please write your selections in the Additional information section at the bottom of this form. Alternatively we will choose a popular salad for you. | <input type="text"/> bowls | \$50 per bowl |
| Cocktail Pastries Platter Choose 4 from the following mini selections: gourmet pies, pasties, sausage rolls, asian chicken sausage rolls, quiches. Please write your selections in the Additional Information section at the bottom of this form. Alternatively we will make a selection for you. | <input type="text"/> people | \$10 per person |
| Antipasto Platter Selection of cured meats, marinated vegetables, olives, cheddar, dried fruit, nuts, selection of crackers and grissini sticks. | <input type="text"/> people | \$8.5 per person |

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| Cheese Platter Brie, cheddar & blue cheese, selection of dried and fresh fruits, nuts, grissini sticks & selection of crackers | <input type="text"/> people | \$8.5 per person |
| Fruit Platter - Small Selection of seasonal fruits. Serves approx 10 - 15 people | <input type="text"/> platters | \$35 |
| Fruit Platter - Large Selection of seasonal fruits. Serves approx 15 - 20 people | <input type="text"/> platters | \$50 |
| Sweet Treats Selection of cakes, slices & danishes for an after lunch treat or morning/ afternoon tea | <input type="text"/> people | \$4 per person |
| BREAKFAST OPTIONS | | |
| Breakfast Wrap Eggs, bacon, hash brown, cheese, barbecue sauce in a wrap | <input type="text"/> people | \$6.5 per person |
| Muesli, fruit & yoghurt Bowls of toasted or natural muesli, fruit and yoghurt for a 'help yourself' breakfast. | <input type="text"/> people | \$7 per person |
| Croissants Choose from ham & cheese, ham cheese & tomato, cheese & tomato. | <input type="text"/> people | \$6.5 per person |
| Mini ham & cheese croissants Ideal as an accompaniment | <input type="text"/> people | \$3.5 per person |
| Yoghurt cups Individual serve yoghurt with berries, passionfruit, toasted muesli or natural muesli | <input type="text"/> people | \$4.5 per person |
| Fruit salad cups Individual serve seasonal fruit salad | <input type="text"/> people | \$4 per person |
| Frittata squares Individual serves of frittata | <input type="text"/> people | \$4 per person |

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| DRINKS | | |
| Tea & coffee Quality tea and coffee on tap to help yourself. Minimum of 10 people | <input type="text"/> people | \$3 per person |
| Bottomless tea & coffee (via urn) Quality tea and coffee on tap to help yourself. Refreshed before breaks and cleaned following breaks. Minimum 10 people | <input type="text"/> people | \$6 per person |
| Juice Jug Orange or apple juice | <input type="text"/> jugs | \$7 per jug |
| Juice (individual bottles) Selection of juices | <input type="text"/> people | \$4 per person |
| Soft drink (individual bottles) 600ml selection. Choose from Pepsi, Solo, Lemonade, Orange and Mango, Lemon/Lime, Iced Tea | <input type="text"/> people | \$4 per person |
| Water (individual bottles) 600ml | <input type="text"/> people | \$3 per person |
| Bottomless water Casks / jugs for help yourself functions | <input type="text"/> casks | \$10 per cask |

Customer Details



Contact Name: _____

Contact Phone No: _____

Organisation name: _____

Delivery Address: _____ Postcode: _____

Date Required: _____

Time Required: _____

Additional information (ie flavour selections / special requests / dietary information) _____

Please note:

Platters are to be returned to Grind & Press or an additional charge will occur.